



PARIS COCCYX 2023

4TH INTERNATIONAL SYMPOSIUM ON COCCYX DISORDERS

What's new in diagnosing? – What's new in imaging? – What's new in treatment? –
How to manage?

JULY 6th & 7th 2023

PARIS

www.paris-coccyx.com

Organized by

Jean-Yves Maigne, MD, Levon Doursounian, MD & Frédéric Jacquot, MD



WELCOME MESSAGE

Amphitheater Dausset – Cochin Hospital – Paris

Dear colleagues

We are pleased to announce that the 4th International Symposium on Coccydynia will be held in Paris, on July 6 and 7, 2023. This event, after Paris (2016), Dordrecht (2018) and Munich (2021), will bring together for two days the best specialists from around the world and bring them to share experiences and progress.

Despite recent and major advances, coccydynia often remains a disabling disease, causing considerable inconvenience in everyday life. Thus, it is essential to allow researchers to present their recent work and to share our knowledge. This is why we have programmed a broad review on the topic and an important place for discussion. Everyone's experience in such a narrow field is irreplaceable.

Physical medicine doctors, pain doctors, physiotherapists, manual therapists and orthopedic surgeons, will definitely take interest and benefit from this Symposium.

We look forward to welcome you in July 2023 in Paris!

Jean-Yves Maigne, MD, Levon Doursounian, MD and Frédéric Jacquot, MD



THURSDAY, JULY 6th 2023

Amphitheater Dausset – Cochin Hospital – Paris

1:00 pm - 2:00 pm



REGISTRATION

2:15 pm



WELCOME ADRESS

Pr. François Rannou (Paris, France)

2:30 pm - 4:00 pm



SESSION 1 - BASICS

Moderators: Levon Doursounian and Stéphane Ploteau

- Bony anatomy of the coccyx

Jason Woon (Auckland, New-Zealand)

- Anatomical basis of sacrococcygeal pain

Stéphane Ploteau, Amélie Lévesque, Roger Robert, Thibault Riant (Nantes, France)

- Dynamic films. The different lesions of the coccyx. Pitfalls in interpretation

Jean-Yves Maigne (Paris, France)

- Clinical examination of the painful coccyx

Jean-Yves Maigne (Paris, France)

- Pelvic floor, perineum and coccyx. A 3D reconstruction

Patrice Thiriet, Géraldine Giraudet, Chrystèle Rubod, Michel Cosson (Lille, Lyon, France)



DISCUSSION

4:00 pm - 4:30 pm

COFFEE BREAK | STANDS & PARTNERS VISITS

THURSDAY, JULY 6th 2023

Amphitheater Dausset – Cochin Hospital – Paris

4:30 pm - 6:00 pm



SESSION 2 - IMAGING

Moderator: Jason Woon

- Contribution of ultrasound to the understanding and treatment of coccydynia

Thibault Riant, Amélie Levesque, Stéphane Ploteau (Nantes, France)

- Role of the sacrococcygeal junction in the damping of abdominal hyper pressure. A 3D reconstruction

Patrice Thiriet, Géraldine Giraudet, Chrystèle Rubod, Michel Cosson (Lille, Lyon, France)

- Sacrococcygeal morphologic and morphometric risk factors for idiopathic coccydynia: an MRI study

Ahmed Shams, Osama Gamal, **Mohamed Kamal Mesregah** (Shebin, El-Kom, Menoufia, Egypt)

- Can a sacrococcygeal or coccygeal lordosis predict instability?

Jason Woon, Jean-Yves Maigne (Auckland, New Zealand and Paris, France)

- A novel radiological classification for displaced os coccyx: the Benditz–König classification

Achim Benditz, Matthias A. König (Marktredwitz, Germany)

- Classification of coccygeal fractures

Jean-Yves Maigne (Paris, France)



DISCUSSION

FRIDAY, JULY 7th 2023

Amphitheater Dausset – Cochin Hospital – Paris

9:00 am - 10:30 am



SESSION 3 - CONSERVATIVE THERAPY

Moderator: Elif Gurkan

- Conservative treatment for chronic coccydynia: a 36-month prospective observational study of 115 patients

Jean-Yves Maigne, Christelle Nguyen, Solène Charrière, François Rannou (Paris, France)

- Fluoroscopic injections and ganglion impar sympathetic nerve blocks for coccyx pain

Patrick Foye (Newark, United States)

- Patch of Capsaicin 8% and coccygodynia: a case series of 80 patients

Amélie Levesque, Arnaud Legrand, Stephane Ploteau, Thibault Riant (Nantes, France)

- Interdisciplinary multimodal pain therapy for pelvic pain

Reinhard Thoma (Munich, Germany)

- The efficacy of extracorporeal shock wave therapy for chronic coccydynia

Canan Gönen Aydın (Istanbul, Turkey)

- Ultrasound-guided, pulsed radiofrequency treatment of painful coccygeal spicules. About 20 cases

Thibault Riant, Amélie Levesque, Stéphane Ploteau (Nantes, France)



DISCUSSION

10:30 am - 11:00 am

COFFEE BREAK | STANDS & PARTNERS VISITS

FRIDAY, JULY 7th 2023

Amphitheater Dausset – Cochin Hospital – Paris

11:00 am - 12:30 pm



SESSION 4 - MANUAL & PHYSIOTHERAPY

Moderator: Jean-Yves Maigne

- Why do manual treatments for coccydynia differ between practitioners?

Jon Miles (Oxford, United Kingdom)

- First scientific results of conservative treatment of coccygodynia with the non-invasive mobilization of the os coccyx (NIMOC) technique in the Netherlands (n=439)

Sytske Lohof-Venema (Netherlands)

- Rectal and/or vaginal therapeutic mobilization of the coccyx. Comparative study on 30 patients

Elif Gurkan (Istanbul, Turkey)

- Development of the Dutch diagnostics and treatment protocol of coccygodynia, also in relation to pelvic pain and posture

Sytske Lohof-Venema, Marijke C. Ph. Slieker-ten Hove (Netherlands)



DISCUSSION

12:30 pm - 2:00 pm

FREE LUNCH | STANDS & PARTNERS VISITS

FRIDAY, JULY 7th 2023

Amphitheater Dausset – Cochin Hospital – Paris

2:00 pm - 4:00 pm



SESSION 5 - SURGICAL THERAPY

Moderators: Rainer Knobloch and Frédéric Jacquot

- What is coccygectomy?

Levon Doursounian, Frédéric Jacquot (Paris, France)

- The extent of resection in coccygectomy: a decision guide

Rainer Günter Knobloch (Trondheim, Norway)

- Fascial ruptures after coccygectomy: diagnosis, treatment and results

Rainer Günter Knobloch (Trondheim, Norway)

- Prevention of post-coccygectomy infection

Levon Doursounian (Paris, France)

- MRI aspects at 3 and 6 months after coccygectomy in cured and failed patients

Frédéric Jacquot (Paris, France)

- Persistent pain after coccygectomy

Stéphane Ploteau, Amélie Lévesque, Roger Robert, Thibault Riant (Nantes, France)



DISCUSSION

FRIDAY, JULY 7th 2023

Amphitheater Dausset – Cochin Hospital – Paris

4:00 pm - 4:20 pm



SESSION 6 - FREE PRESENTATIONS

- The treatment of coccydynia in adolescents – an update
Rainer Günter Knobloch (Trondheim, Norway)
- Crazy images of the coccyx
Jean-Yves Maigne (Paris, France)

4:20 pm - 5:20 pm



SESSION 7 - ROUND TABLE

- The good timing for surgery
Introduction by Frédéric Jacquot. A short review of the literature
Round Table with Levon Doursounian, Patrick Foye, Rainer Knobloch, Jean-Yves Maigne

5:30 pm

CLOSURE OF THE SYMPOSIUM





PARIS COCCYX

Cochin Hospital
2023

